

A WEEK OF PRAYER: SUPPLICATION

“HELP ME, GOD!” Sometimes the gateway to prayer is our need for God’s intervention. This month we are praying using the **ACTS** acrostic: **A**doration, **C**onfession, **T**hanksgiving and **S**upplication. Our focus this week is on **supplication**, requesting God’s help for ourselves, our loved ones and our world.

01

What is one thing that you long for God to do in your own life? Offer this to him now, knowing that he is the father who “give[s] good gifts to those who ask him” (Matthew 7:11).

02

Think of your family or close community. Is there someone in need of God’s help? Bring this person to the Lord today.

03

During the pandemic, some in our lives and communities are suffering from illness, and many more are suffering from fear, stress or anxiety. Ask God to be near them today.

04

Pray today for leaders in all areas of life, from business, to church, to government and any other sphere. Pray that those who seek to lead others will listen to wise counsel and that God will direct them.

05

Pray for children living in poverty around the world. Pray that God will supply all their needs from his glorious riches and that God will give them a hope and a future (Philippians 4:19, Jeremiah 29:11).

06

Praise God for the many supplications he has answered for us! Declare along with the psalmist, “God has surely listened and has heard my prayer” (Psalm 66:19).

07

As you’ve presented your requests to God this week, have you noticed your trust in him increasing? Continue to pray in faith that we speak to a God who answers prayer!



Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

—PHILIPPIANS 4:6-7, NIV

