

A WEEK OF PRAYER FOR THE FRUIT OF THE SPIRIT

THIS WEEK, WE WANT TO OFFER you a new way to pray by praying through the fruit of the Spirit. We hope this provides you with a unique way to make these prayers your own, no matter what you are dealing with in your life.

01

Today, pray that you will be able to **love** people well — especially people you may not always agree with. Pray that God will open your heart and eyes to see each person as his creation.

02

Pray for a spirit of **joy** today. It may seem difficult to think of joy in this time, but remember, joy is not simply a feeling dictated by circumstance. Pray for the deep, abiding joy that can only come from the Lord.

03

Pray for **peace** and **patience** in your life, two fruits that often go hand in hand. Pray for an inner peace in your heart, and patience that springs forth from a peace-filled spirit.

04

Pray for **kindness** and **goodness** as you interact with friends, family and even strangers today. Pray that God will reveal to you the ways that you can bring kindness and goodness to the people in your life who need it the most.

05

Pray for a spirit of **faithfulness** in all you do. Ask God to help you faithfully give him control of every matter of your life. Pray also that you will be faithful to others and inspire those around you to put their trust in the Lord.

06

As God has been gentle with you, ask him to help you be **gentle** with others. Allow him to use your gentleness as a witness for him, and let anger turn to gentleness as you try to live like Jesus.

07

Where in your life do you struggle to find **self-control**? Ask God to come alongside you and strengthen you as you lean into him and listen for his voice.



But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

—GALATIANS 5:22-23, ESV

