



**WHY SKIP A MEAL AND DONATE THE MONEY YOU WOULD HAVE SPENT TO HELP CHILDREN IN EXTREME POVERTY? LET'S TALK ABOUT IT.**



**THE SITUATION**

Every year, 2.6 million children die from hunger-related causes. Source: bread.org

**THE ROLE OF COMPASSION**

For more than 60 years, Compassion International has been releasing children from poverty in Jesus' name. In fact, today Compassion cares for more than 1.5 million children in 26 developing countries.

**THE PROBLEM WITH HUNGER**

In some places around the world, the situation is so dire, even children registered in Compassion programs require extraordinary food interventions. They need major, superhero-sized help. And that's where you come in.

**YOU'RE THEIR HERO**

One Meal One Day allows YOU to skip a meal and donate the money you would have spent on that meal so that a child in extreme poverty can get the nutritional support she desperately needs.

**YOUR IMPACT**

By telling others about child poverty, giving your meal money and collecting donations, you are tackling hunger for children around the world. With your help, children have a chance to break free from poverty's grip and reach their full, God-given potential.

Learn more at [onemealoneday.com](http://onemealoneday.com)



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